

Pre-Teen Social Group

Tuesdays 4:30-5:45p

Nichole Lecznar, MS, LPC-S September 10th to December 3rd

Learning and practicing age-appropriate socials skills—some topics include nonverbal communication, making positive impressions, the social fake, conversation skills, friendship building, friendship breakdown and repair, emotional regulation and so much more!



www.spectratherapies.com (972) 985-1100

6001 Summerside Drive, Suite 202, Dallas TX 75252