

Social Skills Groups



Adult/ Executive Functioning Group

This group is individually crafted each session to address the specific needs of the individuals.

Each Session includes group discussions and opportunities to engage in immersive social experiences.

Learning and practicing higher-order social skills, thinking, and cognition to generalize across social, romantic, and work settings.

Ages (20+)

Preston Ivey, MS, NCC, LPC

Tuesdays 6:00 to 7:15

10-12 Sessions

\$75/ Session

June 4th to August 13th

Visit our website at
www.spectratherapies.com to
complete a social skills group intake
form!

(972) 985-1100