

Are you the parent of an autistic teen with anxiety and/or depression?

Baylor
College of
Medicine

Learn more about our study!

We are conducting a research study that provides free cognitive behavioral therapy (CBT) tailored for autistic teens with anxiety and/or depression.

What's involved?

- 12 sessions of free virtual CBT therapy
- a total of 4 virtual assessment visits (up to \$400 compensation)



Who's eligible?

- autistic teens aged 10-17
- elevated symptoms of anxiety and/or depression
- both parent and child are English speakers and reside in Texas

How to enroll?

- Scan the QR code to reach our eligibility survey or send an email to the address below!



HAABIT - Helping Autistic Adolescents Breakthrough in Therapy

For more information, email Callie Murphy and Jessica Cheng at AutismTeenTherapy@bcm.edu